



Nutrition Information and Comparisons

	Calories	Protein (g)	Total Fat (g)	Sat. Fats (g)	Unsat. Fat (g)	Total Carbs (g)	Total Fiber (g)	Sodium (mg)
Bento Box #1	467	20	18	7	9	59	5	1620
Bento Box #2	470	15	11	1	9	81	5	1824
“Birthday Noodles” with Beef	522	32	15	6	8	69	7	2163
“Beef” and Broccoli	470	15	21	3	17	57	2	1405
“Gimme Some” Pad Thai	529	21	3	0	2	106	5	1444
“Lucky Fortune” Veggie Fried Rice	423	13	22	3	18	48	7	1500
Signature Sunomono Salad	8	0	0	0	0	2	0	22

	Calories	Protein (g)	Total Fat (g)	Sat. Fats (g)	Unsat. Fat (g)	Total Carbs (g)	Total Fiber (g)	Sodium (mg)
Our “Beef” Lo Mein	522	32	15	6	8	69	7	2163
Competitor’s Beef Lo Mein	980	48	31	7	0	127	7	2630
Our “Beef” and Broccoli	470	15	21	3	17	57	2	1405
Competitor's Beef and Broccoli	670	50	33	7	26	46	5	2110
Our Pad Thai	529	21	3	0	2	106	5	1444
Competitor’s Pad Thai	820	24	37	2	0	102	7	1310
Our Veggie Fried Rice	423	13	22	3	18	48	7	1500
Competitor’s Veggie Fried Rice	910	25	16	3	12	164	10	1360
Our Sunomono Salad	8	0	0	0	0	2	0	22
Competitor’s Sunomono Salad	33	1	0	0	0	7	0	136